| Keyword | Definition |
| :--- | :--- |
| Force | Forces can make things speed up, slow down, change direction or <br> change shape. |
| Contact force | These forces only act when two things are touching. |
| Non-contact force | These forces can act when things are not touching |
| Newtons | The units for measuring forces (N) |
| Gravity | The force that earth uses to pull things towards it |
| Air resistance | The force that slows something down because air particles hit it. |
| Friction | The forces that slows things down when they move on a surface e.g. <br> a car on a road. |
| Upthrust | The force on an object in liquid or gas that pushes them up |
| Interaction pairs | When two objects interact there is a force on each one that is the <br> same size but in opposing directions. |
| Speed | A measure of how far something travels in a particular time, <br> measured in meters per second (m/s) |
| Average speed | The overall distance travelled by overall time for a journey |
| Acceleration | How quickly speed increases or decreases |
| Mass | The amount of matter something is made of |
| Weight | The force that acts on a mass because of gravity |
| Equilibrium | When all of the forces on something are balanced and cancel out. |

## Introduction to forces

A force can be a push or a pull. Forces explain why objects move in the way that they do or why they don't move at all. Forces can change the direction that objects are moving in and change their shape.

## Force arrows

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a falling
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 ball (due to gravity)
b sitting on a table
force exerted by the table on the ball

A These force arrows show the forces acting on a tennis ball.

| Contact <br> forces | Are forces that act when you are touching <br> something. friction, and air resistance are contact <br> forces. Support forces like upthrust are also <br> contact forces. |
| :--- | :--- |
| Non-contact <br> forces | The force of gravity acts on a tennis ball when <br> travels through the air. The Earth pulls the ball <br> down even though it isn't touching it. Gravity is a <br> non-contact force. The force between magnets is <br> another example. |
| Interaction <br> pairs | When two objects interact there is a force on each <br> one that is the same size but in opposing <br> directions. |



## Balanced and unbalanced

When the forces acting on an object are the same size but act in opposite directions we say that the resultant force is zero, the forces are balanced and the object is in equilibrium.

| Balanced forces | Unbalanced forces |
| :---: | :---: |
| An object can either: <br> - Stop <br> - Move at a steady (constant) speed | An object can either: <br> - Speed up <br> - Slow down <br> - Change direction <br> - Change shape |
| Resultant forces | - Single force that can replace all the forces acting on an object and have the same effect |

## Gravity

Gravity (or gravitational force) is a non-contact force which acts between two masses. It depends on the mass of each object and how far they are apart.
On Earth the Gravitational field strength on Earth is $10 \mathrm{~N} / \mathrm{kg}$. Gravitational filed strength is different on other planets.
Gravity keeps things in orbit because the Earth exerts a force on the Moon. The
force of gravity acts on the Moon keeping it in orbit around the Earth.

## Difference between weight and mass

| Weight | Is the effect of gravity on an object. Measured in newtons (N). Its <br> value differs on different planets. |
| :--- | :--- |
| Mass | Amount of matter in an object measured in Kg. Same value on <br> different planets. |

## Distance-time graphs

A distance-time graph is a useful way to represent the motion of an object. It shows how the distance moved from a starting point changes over time.


t

t


The slope of a distance-time graph tells you the speed. If the line is steep, the object is moving fast, if its not very steep then the object is moving more slowly.

## Equations to learn

Distance $=$ speed x time

$$
s=v x t
$$

## Distance - metres (m)

Speed - meters per second ( $\mathrm{m} / \mathrm{s}$ )
Time - seconds (s)
Weight $(\mathbf{N})=$ mass $(\mathbf{k g}) \times$ gravitational field strength ( $\mathrm{N} / \mathrm{kg}$ )

