

Lesson	Week Beginning	Year 7	Year 8	Year 9	Year 10	Lesson	Week Beginning	Year 11
1	02 September 2024			Learning How To Learn: Metacognitive Skills		1	02 September 2024	Learning How To Learn: Metacognitive Skills
2	09 September 2024	Establishing and Managing Friendships	Energy Drinks and their Dangers	Health and Unhealthy Friendships	Adolescence: Managing Emotions	2	09 September 2024	Family
3	16 September 2024	Identifying and Managing Emotions	Risks of Alcohol and Smoking	Drugs, Alcohol and Vapes	Signs of Emotional and Mental Ill Health	3	16 September 2024	Ready for Parenthood
4	23 September 2024	Independent Travelling Safety	Risks of Vaping	Drug Culture	Promoting Mental and Emotional Wellbeing	4	23 September 2024	Unplanned Pregnancy
5	30 September 2024	Personal Safety and Basic First Aid	Medicinal and Recreational Drugs	Knife Crime	Challenging Stereotypes: Misinformation	5	30 September 2024	Forced Marriage
6	07 October 2024	Essential Skills	Work/Life Balance and Equality	Skills and Qualities	Evaluating Strengths and Weaknesses	6	07 October 2024	Menopause
7	14 October 2024	What is CIAO?	Challenging Stereotypes: Pay Gap	How to Demonstrate Strengths	Opportunities in Learning and Work	7	14 October 2024	Using Constructive Feedback
HT	21 October 2024			Half Term		HT	21 October 2024	
8	28 October 2024	Skills and Qualities	Types of employment	Managing Emotions in the Workplace	Responsibilities in the Workplace	8	28 October 2024	Writing CVs and Personal Statements
9	04 November 2024	Identifying future careers aspirations	Goal Setting	P16 Options	Manage Health and Safety	9	04 November 2024	Interview Technique
10	11 November 2024	Challenging Stereotypes: Careers	Career Aspirations	Navigating your Career	Protecting Your Rights at Work	10	11 November 2024	Maximising Employability Including Online
11	18 November 2024			Learning How To Learn: Revising for Exams		11	18 November 2024	Rights and Responsibilities: Part Time
12	25 November 2024	Identity and Rights	Influences on Beliefs and Decisions	Types of Families	Relationship Values and Positive Sexual Health	12	25 November 2024	Learning How To Learn: Revising for Exams
13	02 December 2024	Bullying and Cyberbullying	Gender Identity	Types of Parenting	Online Risks in Relationships	13	02 December 2024	Gender Identity and Sexual Orientation
14	09 December 2024	Challenging Stereotypes: Diversity	Equality Act and Protected Characteristics	Positive Family Relationships	Misconceptions in Relationships	14	09 December 2024	Communication in Relationships
15	16 December 2024	Challenging Discrimination	Challenging Discrimination: Disability	Types of Conflict	Consent: Manipulation and Co-Erceion	15	16 December 2024	Handling Unwanted Attention and Challenging Harassment
HT	23 December 2024			Half Term		HT	23 December 2024	
16	30 December 2024					HT	30 December 2024	
17	06 January 2025	Being an Upstander (Response)	Challenging Discrimination: Racism	Conflict Resolution Strategies	Challenging Victim Blaming	16	06 January 2025	Relationships and Abuse
18	13 January 2025			Learning How To Learn: Modelling		17	13 January 2025	Unhealthy and Exploitative Relationships
19	20 January 2025	The Importance of Sleep	Challenging Stereotypes: Mental Health	Links Between Physical and Mental Health	Role Models and Their Influence	18	20 January 2025	Learning How To Learn: Modelling
20	27 January 2025	Having a Healthy Diet	Daily Wellbeing	Work Life Balance	Misogyny, Toxic Masculinity and Its Impacts	19	27 January 2025	Forms of Government
21	03 February 2025	Personal Hygiene	Developing Resilience: In Person	Healthy Eating	Media Portrayal of Game Culture	20	03 February 2025	Improving Your Local Community
22	10 February 2025	Dental and Physical Health	Developing Resilience: Digital	Influences on Body Image	Impact of Drugs and Alcohol on Others	21	10 February 2025	Dealing with Complex Issues Within the Law
HT	17 February 2025			Half Term		HT	17 February 2025	
23	24 February 2025	FSM	Health and Unhealthy Coping Strategies	Taking Responsibility for Your Health	Managing Peer Influence	22	24 February 2025	Learning How To Learn: Literacy
24	03 March 2025			Learning How To Learn: Literacy		23	03 March 2025	Screening and Self Examination
25	10 March 2025	Developing Self Worth	Gender vs Sex	Sexual Choices	Inclusion and Belonging Within Communities	24	10 March 2025	Cosmetic and Aesthetic Body Alterations
26	17 March 2025	Types of Positive Relationships	Consent: The Law	Consent: Misconceptions, Capacity and Rights	Equality Act and Protected Characteristics	25	17 March 2025	Herrenstein and Procrastination
27	24 March 2025	Relationships and Gender	Sexing	STIs and Safer Sex	Social Media: Influences on Beliefs and Opinions	26	24 March 2025	The Importance of Sleep
28	31 March 2025	Challenging Stereotypes: Media	Contraception	Relationships in the Media	Challenging Discrimination	27	31 March 2025	Exam Stress Management
29	07 April 2025	Consent: Speaking and Communicating	Sexual Risks of Social Media	Sexual Risks of Social Media	Recognising and Responding to Radicalisation	28	07 April 2025	Managing Time Effectively
HT	14 April 2025			Half Term		HT	14 April 2025	
30	21 April 2025					HT	21 April 2025	
31	28 April 2025			Learning How To Learn: Reflecting on Learning		HT	28 April 2025	Learning How To Learn: Reflecting on Learning
32	05 May 2025	Roles of Citizens, Parliament and Monarchs	The Political System	Legal and Illegal Financial Activities	Electoral Systems	29	05 May 2025	What Does College and University Look Like
33	12 May 2025	British Law	How Parliament Works	Risk and Financial Activities	Key Elements of The UK Constitution	30	12 May 2025	Travelling Alone
34	19 May 2025	Community Links	How The Justice System Works	Cryptocurrency	Budgeting: Saving and Debt	31	19 May 2025	Living On Your Own
HT	26 May 2025			Half Term		HT	26 May 2025	
35	02 June 2025	Money Choices: Borrowing, Budgeting, Spending	Human Rights	Safe Hazards and Their Dangers	Gambling and Debt	32	02 June 2025	
36	09 June 2025			Learning How To Learn: Making Everything Together		33	09 June 2025	
37	16 June 2025	Critical Thinking: The Media	How Pay Deduction Works	Lives On Your Own	Earning Your Money - Gross and Net Pay	34	16 June 2025	
38	23 June 2025	Critical Thinking: Social Media	Budgeting	Types of Accommodation	Tax Allowances and Universal Credit	35	23 June 2025	
39	30 June 2025	Critical Thinking: Role Models	Weighting Up Financial Offers	Bills and Utilities	Saving Your Money	36	30 June 2025	
40	07 July 2025	Critical Thinking: Life Skills	Credit vs Debt	Looking After Yourself	Investing Your Money	37	07 July 2025	

Lessons Removed From 2023-24								
	Year 7	Year 8	Year 9	Year 10		Year 11		
Block 1	Personal Strength and Development	Promoting Positive Social Attitudes	Types of Behaviour and Communication	Reframing Negative Thinking		Changing Family Structures		
Reason	This lesson contains content that is covered elsewhere in the course as a thread, and therefore doesn't require a whole lesson to be delivered. In addition, students come with prior knowledge from their primary schools about this content	This lesson does not fit well within this block, and the content is covered by other units of work across the course	This lesson fits better with the RSE units covered elsewhere. It also is covered in the careers unit where we discuss skills and strengths.	This lesson expands upon content already covered in other lessons in this block, and therefore an individual lesson is not required for this.		This lesson is a better fit elsewhere in the curriculum, and upon review, will be combined with other lessons across the course.		
Block 3	Living in a Diverse Society	Challenging Discrimination: Gender	Managing Family Changes	Risks and Benefits of Online Relationships		Challenging Harassment		
Reason	This lesson contains content that is covered in the previous lesson, and	This content is covered in the gender identity lesson previously in the course	The content in this lesson has been covered in the types of conflict and conflict resolution strategies lesson	This lesson has content that has previously been covered in the Risks of Online Media in Relationships lesson. The lesson has been renamed to reflect this change.		This lesson was previously separated from the Handling Unwanted Attention lesson. Due to feedback, this change is being reversed		
Block 5	Expectations in Romantic Relationships	Forming Positive Relationships	Consequences of Unprotected Sex	Managing Conflicting Views		Dealing with Change		
Reason	This lesson's content is being combined with the types of positive relationships lesson's content	This lesson's content does not fit with the rest of this block, and therefore will be moved elsewhere	The content of this lesson is being combined with content in the STIs and safer sex lesson	The content in this lesson is covered elsewhere in the course		This lesson is a thread in many lessons, and therefore does not require a full lesson to be delivered		
						Creating Online Content		
						Students are educated on this as a thread throughout many lessons, and therefore an individual lesson is not required.		
Block 6	Critical Thinking: Pets	Saving Money on Your Bills	Influences of The Media on You	Spending Your Money: Necessities				
Reason	This lesson does not fit the rest of the theme in this block	This content may be better covered elsewhere in the course	This is a thread that is covered in many other blocks across the curriculum	This has been covered in previous years and could be combined with other lessons in this block				